

2026 CIF-SS Division 1 - 4/29/2026 to 5/9/2026
2026 CIF-SS Ford Div 1 Swimming & Diving Champs
Session Report

Session: 3 D1 Swimming Finals

Day of Meet: 11 Starts at 10:00 AM Heat Interval: 100 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 2x50 Freestyle Relay Unified	5	1	10:00 AM	_____
Finals	26 Boys 2x50 Freestyle Relay Unified	8	1	10:04 AM	_____
	Break: 5 Minutes: Awards				
Finals	3 Girls 4x50 Medley Relay Varsity	18	2	10:12 AM	_____
Finals	4 Boys 4x50 Medley Relay Varsity	18	2	10:20 AM	_____
Finals	5 Girls 200 Freestyle Varsity	18	2	10:28 AM	_____
Finals	6 Boys 200 Freestyle Varsity	18	2	10:35 AM	_____
Finals	7 Girls 200 IM Varsity	18	2	10:41 AM	_____
Finals	8 Boys 200 IM Varsity	18	2	10:49 AM	_____
Finals	9 Girls 50 Freestyle Varsity	18	2	10:56 AM	_____
Finals	10 Boys 50 Freestyle Varsity	18	2	11:00 AM	_____
Finals	27 Girls 50 Freestyle Paralympic	0	0	11:04 AM	_____
Finals	28 Boys 50 Freestyle Paralympic	1	1	11:04 AM	_____
	Break: 15 Minutes:				
Finals	11 Girls 100 Butterfly Varsity	18	2	11:22 AM	_____
Finals	12 Boys 100 Butterfly Varsity	18	2	11:27 AM	_____
Finals	13 Girls 100 Freestyle Varsity	18	2	11:32 AM	_____
Finals	14 Boys 100 Freestyle Varsity	18	2	11:38 AM	_____
Finals	29 Girls 100 Freestyle Paralympic	0	0	11:42 AM	_____
Finals	30 Boys 100 Freestyle Paralympic	1	1	11:42 AM	_____
Finals	15 Girls 500 Freestyle Varsity	18	2	11:46 AM	_____
Finals	16 Boys 500 Freestyle Varsity	18	2	12:00 PM	_____
Finals	17 Girls 4x50 Freestyle Relay Varsity	18	2	12:13 PM	_____
Finals	18 Boys 4x50 Freestyle Relay Varsity	18	2	12:19 PM	_____
Finals	31 Mixed 4x25 Freestyle Relay Unified	6	1	12:26 PM	_____
	Break: 5 Minutes: Awards				
Finals	19 Girls 100 Backstroke Varsity	18	2	12:34 PM	_____
Finals	20 Boys 100 Backstroke Varsity	18	2	12:41 PM	_____
Finals	21 Girls 100 Breaststroke Varsity	18	2	12:47 PM	_____
Finals	22 Boys 100 Breaststroke Varsity	18	2	12:52 PM	_____
Finals	23 Girls 4x100 Freestyle Relay Varsity	18	2	12:58 PM	_____
Finals	24 Boys 4x100 Freestyle Relay Varsity	18	2	01:08 PM	_____
	Swimmers Counts for Warm-ups: 357	=====	=====		
	Entry / Heat Totals:	417	49		
	Finish Time			01:18 PM	_____