

2026 CIF-SS Division 3 - 4/30/2026 to 5/8/2026
2026 CIF-SS Ford Div 3 Swimming & Diving Champs
Session Report

Session: 3 D3 Swimming Finals

Day of Meet: 9 Starts at 09:00 AM Heat Interval: 100 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 2x50 Freestyle Relay Unified	8	1	09:00 AM	_____
Finals	26 Boys 2x50 Freestyle Relay Unified	8	1	09:05 AM	_____
	Break: 5 Minutes: Awards				
Finals	3 Girls 4x50 Medley Relay Varsity	18	2	09:13 AM	_____
Finals	4 Boys 4x50 Medley Relay Varsity	18	2	09:22 AM	_____
Finals	5 Girls 200 Freestyle Varsity	18	2	09:29 AM	_____
Finals	6 Boys 200 Freestyle Varsity	18	2	09:37 AM	_____
Finals	7 Girls 200 IM Varsity	18	2	09:44 AM	_____
Finals	8 Boys 200 IM Varsity	18	2	09:52 AM	_____
Finals	9 Girls 50 Freestyle Varsity	18	2	09:59 AM	_____
Finals	10 Boys 50 Freestyle Varsity	18	2	10:03 AM	_____
Finals	27 Girls 50 Freestyle Paralympic	0	0	10:07 AM	_____
Finals	28 Boys 50 Freestyle Paralympic	2	1	10:07 AM	_____
	Break: 15 Minutes:				
Finals	11 Girls 100 Butterfly Varsity	18	2	10:25 AM	_____
Finals	12 Boys 100 Butterfly Varsity	18	2	10:31 AM	_____
Finals	13 Girls 100 Freestyle Varsity	18	2	10:36 AM	_____
Finals	14 Boys 100 Freestyle Varsity	18	2	10:41 AM	_____
Finals	29 Girls 100 Freestyle Paralympic	0	0	10:46 AM	_____
Finals	30 Boys 100 Freestyle Paralympic	1	1	10:46 AM	_____
Finals	15 Girls 500 Freestyle Varsity	18	2	10:49 AM	_____
Finals	16 Boys 500 Freestyle Varsity	18	2	11:03 AM	_____
Finals	17 Girls 4x50 Freestyle Relay Varsity	18	2	11:16 AM	_____
Finals	18 Boys 4x50 Freestyle Relay Varsity	18	2	11:23 AM	_____
	Break: 5 Minutes: Awards				
Finals	31 Mixed 4x25 Freestyle Relay Unified	5	1	11:35 AM	_____
Finals	19 Girls 100 Backstroke Varsity	18	2	11:39 AM	_____
Finals	20 Boys 100 Backstroke Varsity	18	2	11:45 AM	_____
Finals	21 Girls 100 Breaststroke Varsity	18	2	11:51 AM	_____
Finals	22 Boys 100 Breaststroke Varsity	18	2	11:57 AM	_____
Finals	23 Girls 4x100 Freestyle Relay Varsity	18	2	12:03 PM	_____
Finals	24 Boys 4x100 Freestyle Relay Varsity	18	2	12:14 PM	_____
	Swimmers Counts for Warm-ups: 393	=====	=====		
	Entry / Heat Totals:	420	49		
	Finish Time			12:24 PM	_____