

2026 CIF-SS Division 4 - 4/29/2026 to 5/7/2026
2026 CIF-SS Ford Div 4 Swimming & Diving Champs
Session Report

Session: 3 D4 Swimming Finals

Day of Meet: 9 Starts at 04:00 PM Heat Interval: 100 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 2x50 Freestyle Relay Unified	2	1	04:00 PM	_____
Finals	26 Boys 2x50 Freestyle Relay Unified	8	1	04:04 PM	_____
	Break: 5 Minutes: Awards				
Finals	3 Girls 4x50 Medley Relay Varsity	18	2	04:12 PM	_____
Finals	4 Boys 4x50 Medley Relay Varsity	18	2	04:21 PM	_____
Finals	5 Girls 200 Freestyle Varsity	18	2	04:29 PM	_____
Finals	6 Boys 200 Freestyle Varsity	18	2	04:37 PM	_____
Finals	7 Girls 200 IM Varsity	18	2	04:44 PM	_____
Finals	8 Boys 200 IM Varsity	18	2	04:53 PM	_____
Finals	9 Girls 50 Freestyle Varsity	18	2	05:00 PM	_____
Finals	10 Boys 50 Freestyle Varsity	18	2	05:05 PM	_____
Finals	27 Girls 50 Freestyle Paralympic	0	0	05:09 PM	_____
Finals	28 Boys 50 Freestyle Paralympic	1	1	05:09 PM	_____
	Break: 15 Minutes:				
Finals	11 Girls 100 Butterfly Varsity	18	2	05:26 PM	_____
Finals	12 Boys 100 Butterfly Varsity	18	2	05:32 PM	_____
Finals	13 Girls 100 Freestyle Varsity	18	2	05:37 PM	_____
Finals	14 Boys 100 Freestyle Varsity	18	2	05:43 PM	_____
Finals	29 Girls 100 Freestyle Paralympic	0	0	05:48 PM	_____
Finals	30 Boys 100 Freestyle Paralympic	1	1	05:48 PM	_____
Finals	15 Girls 500 Freestyle Varsity	18	2	05:51 PM	_____
Finals	16 Boys 500 Freestyle Varsity	18	2	06:07 PM	_____
Finals	17 Girls 4x50 Freestyle Relay Varsity	18	2	06:21 PM	_____
Finals	18 Boys 4x50 Freestyle Relay Varsity	18	2	06:28 PM	_____
Finals	31 Mixed 4x25 Freestyle Relay Unified	3	1	06:35 PM	_____
	Break: 5 Minutes: Awards				
Finals	19 Girls 100 Backstroke Varsity	18	2	06:43 PM	_____
Finals	20 Boys 100 Backstroke Varsity	18	2	06:50 PM	_____
Finals	21 Girls 100 Breaststroke Varsity	18	2	06:56 PM	_____
Finals	22 Boys 100 Breaststroke Varsity	18	2	07:02 PM	_____
Finals	23 Girls 4x100 Freestyle Relay Varsity	18	2	07:08 PM	_____
Finals	24 Boys 4x100 Freestyle Relay Varsity	18	2	07:20 PM	_____
	Swimmers Counts for Warm-ups: 388	=====	=====		
	Entry / Heat Totals:	411	49		
	Finish Time			07:30 PM	_____